

Saturday Morning Walking Club

*** Meet us at the park at 10:00 or Carpool from St. Alphonsus at 9:30.

*** **RSVP** the Friday before the walk.



Saturday, November 2 @ 10:00 am

Millenium Park: This park offers an extensive network of trails totaling about 18 miles in length, all within the boundaries of park's 1,400 acres. We will walk a small portion of the paved trail. Park in the area near the beach.

1415 Maynard Ave SW, Walker, MI 49534-7022

<https://kentcountyparks.org/parks-trails/millennium-park/trails/>



Saturday, November 9 @ 10:00 am

Plaster Creek Trail at Ken-O-Sha

This is a fantastic trip through Ken-O-Sha Park along well-maintained trails. Despite its urban location, these trails offer visitors a chance to walk through beautiful woods and along Plaster Creek. Paved or natural trail to fit the group's interest.

Generally considered an easy route. Park at Ken-O-Sha near 32nd St and Kalamazoo Ave SE.

Saturday, November 16 @ 10:00

The downtown loop of the **Grand River Edges Trail** from Fulton Street to the 6th Street Bridge is a popular stroll for visitors and local residents. The "loop" traverses the original rapids for which the city was named and passes by some of the area's most notable attractions. Park near Big Boy Restaurant on Pearl. Meet at the Ford Museum.



Saturday, November 23 @ 10:00

Riverside Park. Stay close to home and enjoy the park during this quieter time of the season. Park at the north end across from the Michigan Veterans Homes.

RSVP: Young at Heart Senior Enrichment Center

616- 251-1134

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